



# **A**  
**Group #:**  
\_\_\_\_\_

# Self-Discovery Phase I

**A Motivational/Educational Self-Discovery Class for Pregnant Women and New Moms.**

**“This is NOT a Parenting Class”**

**Everyone will receive: \$25 gift certificate and a Community Resources Directory (\$30)**

**You Must Call 210-342-8576 to Confirm.**

***Who:* Pregnant women and women with newborn baby up to the age of two years.**

***When:* Saturday November 19, 2011 from 9:30 A.M. to 12:00 NOON**

***Where:* St. Mary's Learning Center 3141 Culebra Rd. Call 436-7633 for directions ONLY.**

**No children/husbands/boyfriends are allowed in the classroom.**

**(You must sign-in the day of by no later than 9:45 am**

Phase 1: 2 hour motivational class, Goal setting, Motivational Books, Community Resources Directory \$30 value and \$25 gift certificate.

Phase 2: To receive the overall \$150 gift certificate towards a crib & a mattress & Stroller you MUST:

1. Submit **three (3)** recent short term **smarter goals** written on **3x5 index cards** APPROVED by Sav-Baby.
2. **Read 2 books** and submit a book report for each one **based on the sample report**. The report must be a minimum of two typed pages per book with 1 inch margins, 12 pt. Times New Roman Font with single spacing. Once you turn in a report then **you will receive a \$25 Gift Certificate for each book report you complete** which means you will be awarded \$50 in total rewards once you finish all four books. (2 books x \$25 = \$100).
3. Meet (3) times with a counselor AND make sure that **your counselor** fills out the **Self-Discovery Follow-up Form**.

**\*Note:** if you did not finish High School or have a GED, You MUST register for a GED class before you can receive the **\$150 gift certificate towards a crib and a mattress** and Terra-Genesis of San Antonio will lend you a GED Study Guide free of charge.

(NOTE: You must present proof before we provide you with any of the REWARDS)

**By signing below I agree to all the above requirements and information:**

**Print Name:** \_\_\_\_\_ **Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_